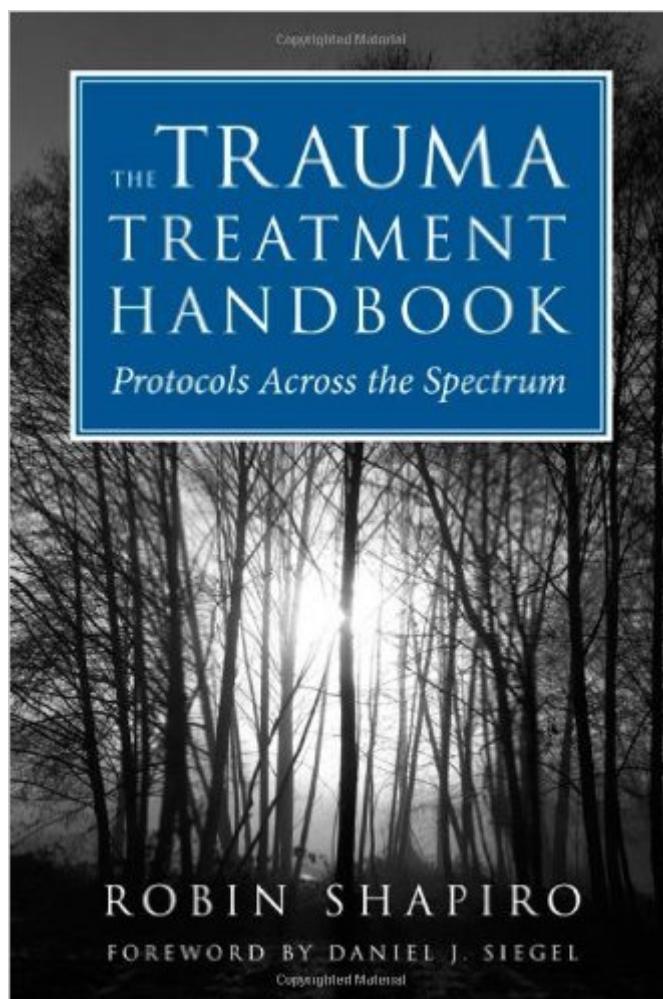


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The Trauma Treatment Handbook: Protocols Across The Spectrum (Norton Professional Books (Hardcover))



Synopsis

The therapist's go-to source for treating a range of traumatized patients. With so many trauma treatments to choose from, how can a therapist know which is best for his or her client? In a single, accessible volume, Robin Shapiro explains them all, making sense of the treatment options available, their advantages and disadvantages, and how to determine which treatments are best suited to which clients.

Book Information

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Customer Reviews

I have been a trauma therapist for over 25 years, and almost wish I were fresh out of college so I could have the great good fortune to have Robin's new book "The Trauma Treatment Handbook: Protocols Across the Spectrum" as my constant companion. I have been an avid reader of nearly everything Robin has written, both for warmth and readability, her intelligence and wisdom, cutting edge knowledge base and deeply human way she connects with the reader. This type of beautiful, accessible writing is rare in our professional literature. Being a trauma proficient therapist requires a great many skills and a full toolbox of effective techniques. However, technique is not enough. The most important aspect a therapist brings is PRESENCE. Being authentic, attuned to your client and fully attentive is primary. Robin has somehow managed to convey these qualities as a writer. She synthesized a wide variety of practices and illustrates what she has gleaned from them, and demonstrates how she uses them. Owning this book is like having a mentor and teacher by your

side. Or the next best thing. We are so fortunate that she wrote this book. This book has a forward by Daniel Siegel. Diane Fosha, Steven Porges, Onno van der Hart and Kathy Steele have written their praise for this amazing book. These giants, these heroes in the field of trauma all recognize the brilliance of this book, and that alone should be enticement enough to crack open this book. Once you do, you will have a hard time putting it down. I surely did. Robin, if I were the queen of the universe, I would make this required reading for every counselor, therapist, psychologist, and psychiatrist in practice and in every training program worldwide. I hope this book is translated into every language available.

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